

Aetna Student Health
Plan Design and Benefits
Summary
OA Managed Choice POS

Mount Saint Mary's University

Policy Year: 2023–2024 Policy Number: 686160

https://www.aetnastudenthealth.com

(877) 480-4161





This is a brief description of the Student Health Plan. The plan is available for Mount Saint Mary's University students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at https://www.aetnastudenthealth.com. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Mount Saint Mary's University Student Health Services

The Chalon and Doheny Student Health Services are the University's on-campus health facilities. Staffed by nurse practitioners and registered nurses, the Chalon Campus Student Health Services is open Tuesday and Thursday, 9:00am - 7:00pm. The Doheny Campus Student Health Services is open Monday, Wednesday and Friday, 9:00am - 7:00pm and Saturdays, 8:30am - 4:00pm.

For more information, call Chalon Campus Student Health Services at 310-954-4110 or Doheny Campus Student Health Services at 213-477-2685. In the event of an emergency, call 911 or Campus Security at 310-954-4123 (Chalon) or 213-477-2502 (Doheny).

Coverage Dates and Rates

Coverage for all insured students will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Fall	08/15/2023	01/01/2024	09/07/2023
Spring/Summer	01/02/2024	08/14/2024	01/25/2024
Summer (New Nursing Students)	05/06/2024	08/14/2024	05/23/2024

Rates

Undergraduates and Graduate Students

	Fall Semester	Spring/Summer Semester	Summer Semester (New Nursing Students)
Student	\$1,059	\$1,721	\$767

The rates above include premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna) as well as an administrative fee payable to JCB Insurance Solutions.

Student Coverage

Who is eligible?

Traditional Undergraduate, Accelerated Nursing, Doctorate in Physical Therapy (D.P.T.), and A.D.N. Students: All Traditional Undergraduate, Accelerated Nursing, & D.P.T. enrolled in 9 units or more, and A.D.N Students enrolled in 7 units or more at MSMU must carry Student Health Insurance. The student will be automatically enrolled in coverage, and MSMU will automatically include charges for the coverage in the school invoice to the student.

Graduate Nursing Students: Graduate Nursing Students are eligible for the Student Health Insurance but are not automatically enrolled. Enrollment is voluntary for Graduate Nursing Students. To enroll, visit the MSMU Business Office to enroll.

You must actively attend classes for at least the first 31 days after the date your coverage becomes effective. You cannot meet this eligibility requirement if you take courses through:

- -Home study
- -Correspondence
- -The internet
- -Television (TV).

If we find out that you do not meet this eligibility requirement, we are only required to refund any premium contribution minus any claims that we have paid.

Enrollment

Eligible students will be automatically enroll in this Plan, unless you submit a completed waiver by visiting www.jcbins.com and selecting your school on the home page and registering by the deadline dates listed on the previous page. For questions, please call JCB Insurance Solutions customer service at (310) 734-0742.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, and any covered dependents, upon written request received by Aetna within 90 days of withdrawal from school.

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Termination and Refunds

All refund requests must be sent to the University who will confirm nonstudent status with JCB and submit the refund request on behalf of the student. Only refunds submitted by the University before the refund deadline will be considered. Credit card refunds must be requested within 120 days of the date of purchase and before the refund deadline. No refunds will be considered after the refund deadline. All refunds will be processed back to the original form of payment only, no exceptions. All refunds will be assessed a \$35 processing fee. Please allow 30 business days for us to receive and process the refund request, then an additional 3-5 business days to receive the refund from your financial institution. Pro-rated/partial refunds are not allowed.

NOTE: You can check to see if your return has been processed by logging in to your JCB account.

Termination and Refunds Withdrawal from Classes – Leave of Absence If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

Withdrawal from Classes – Other than Leave of Absence If you withdraw from classes other than under a school-approved leave of absence within 31 days* after the start date of classes, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the start date of classes, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, up to a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

Precertification Call

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage	
Policy year deductibles			
Student	None	None	
Maximum out-of-pocket limits			
	In-network coverage	Out-of-network coverage	
Student	\$7,350 per policy year	\$15,000 per policy year	

In-network coverage	Out-of-network coverage		
Routine physical exams			
100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit		
deductible applies			
Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.			
1 visit			
100% (of the negotiated charge) per visit No copayment or policy year	50% (of the recognized charge) per visit		
deductible applies			
Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention			
	100% (of the negotiated charge) per visit No copayment or policy year deductible applies Subject to any age and visit limits provid supported by the American Academy of Resources and Services Administration graphs and Services Administration graphs are supported by the negotiated charge) per visit No copayment or policy year deductible applies Subject to any age limits provided for in supported by Advisory Committee on Importance in the support of the negotiated charge) per visit		

The following is not covered under this benefit:

Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment or travel

Eligible health services	In-network coverage	Out-of-network coverage	
Routine gynecological exams (includi	ing Pap smears and cytology tests)		
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	50% (of the recognized charge) per visit	
Maximum visits per policy year		risit	
Preventive screening and counseling	services		
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	50% (of the recognized charge) per visit	
Stress management counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	50% (of the recognized charge) per visit	
Chronic condition counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	50% (of the recognized charge) per visit	
Routine cancer screenings	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	50% (of the recognized charge) per visit	
Maximum:	 Subject to any age; family history; and frequency guidelines as set forth in the most current: Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and The comprehensive guidelines supported by the Health Resources and Services Administration. 		
Lung cancer screening maximums	1 screening every 12 months*		
Prenatal and postpartum care services -Preventive care services only (includes participation in the	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
California Prenatal Screening Program)	No copayment or policy year deductible applies		

Eligible health services	In-network coverage	Out-of-network coverage	
Lactation support and counseling	100% (of the negotiated charge) per	50% (of the recognized charge) per	
services	visit	visit	
	No copayment or policy year		
	deductible applies		
Breast pump supplies and	100% (of the negotiated charge) per	50% (of the recognized charge) per	
accessories	item	item	
	No consument or policy year		
	No copayment or policy year deductible applies		
Physicians and other health profession	1 1		
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Physician, specialist including Consultants Office visits (non-	\$30 copayment then the plan pays 100% (of the balance of the	\$30 copayment then the plan pays 100% (of the balance of the	
surgical/non-preventive care by a	negotiated charge) per visit	recognized charge) per visit	
physician and specialist) (includes	negotiated charge) per visit	recognized charge) per visit	
telemedicine consultations)			
Allergy testing and treatment		·	
Allergy testing performed at a	80% (of the negotiated charge) per	50% (of the recognized charge) per	
physician or specialist office	visit	visit	
, , , , , , , , , , , , , , , , , , , ,			
Allergy injections treatment	80% (of the negotiated charge) per	50% (of the recognized charge) per	
performed at a physician or	visit	visit	
specialist office			
Allergy sera and extracts	80% (of the negotiated charge) per	50% (of the recognized charge) per	
administered via injection at a	visit	visit	
physician or specialist office			
Physician and specialist surgical servi	res		
Inpatient surgery performed during	80% (of the negotiated charge)	50% (of the recognized charge)	
your stay in a hospital or birthing	Con the hegotiated charge,	Solve (or the recognized charge)	
center by a surgeon			
(includes anesthetist and surgical			
assistant expenses)			
The following are not covered under	this benefit:		
 The services of any other physical 	sician who helps the operating physician		
 A stay in a hospital (Hospital s 	tays are covered in the <i>Eligible health ser</i>	vices and exclusions – Hospital and	
other facility care section)			
 Services of another physician 	for the administration of a local anestheti	c	
Outpatient surgery performed at a	80% (of the negotiated charge) per	50% (of the recognized charge) per	
physician's or specialist's office or	visit	visit	
outpatient department of a hospital			
or surgery center by a surgeon			
(includes anesthetist and surgical			
assistant expenses)			
The following are not covered under this benefit:			
The services of any other physician who helps the operating physician			

- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage		
Alternatives to physician office visits				
Walk-in clinic visits (non-emergency visit)	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$30 copayment then the plan pays 100% (of the balance of the recognized charge) per visit		
Hospital and other facility care				
Inpatient hospital (room and board) and other miscellaneous services and supplies) Includes birthing center facility	80% (of the negotiated charge) per admission	50% (of the recognized charge) per admission		
charges				
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit		
Alternatives to hospital stays				
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit		

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	50% (of the recognized charge) per
	visit	visit

The following are not covered under this benefit:

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	80% (of the negotiated charge) per	80% (of the recognized charge) per
	admission	admission
Hospice-Outpatient	80% (of the negotiated charge) per	80% (of the recognized charge) per
	visit	visit

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
 - Maintenance of the house

Eligible health services	In-network coverage	Out-of-network coverage
Skilled nursing facility-	80% (of the negotiated charge) per	50% (of the recognized charge) per
Inpatient	admission	admission
Maximum days of confinement per policy year	10	00
Hospital emergency room	\$100 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

The following are not covered under this benefit:

 Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Urgent care	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$30 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered

The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Eligible health services	In-network coverage	Out-of-network coverage	
Pediatric dental care (Limited to cov	Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.		
Type A services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
	No copayment or deductible applies		
Type B services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
	No copayment or deductible applies		
Type C services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
	No copayment or deductible applies		
Orthodontic services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
	No copayment or deductible applies		
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.	

Pediatric dental care exclusions

The following are not covered under this benefit:

- Asynchronous dental treatment
- Cosmetic services and supplies including:
 - Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance
 - Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth, whether or not for psychological or emotional reasons
 - Facings on molar crowns and pontics will always be considered cosmetic
- Crown, inlays, onlays, and veneers unless:
 - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
 - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - For splinting
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section

- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary
- Treatment by other than a dental provider

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Podiatric (foot care) treatment Physician and specialist non-routine foot care treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural	80% (of the negotiated charge)	80% (of the recognized charge)
teeth		

The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint	Covered according to the type of	Covered according to the type of
dysfunction (TMJ) and	benefit and the place where the	benefit and the place where the
craniomandibular joint dysfunction	service is received.	service is received.
(CMJ) treatment		

The following are not covered under this benefit: **Dental** implants Eligible health services In-network coverage **Out-of-network coverage** Blood and body fluid Covered according to the type of Covered according to the type of exposure benefit and the place where the benefit and the place where the service is received. service is received. The following are not covered under this benefit: Services and supplies provided for the treatment of an illness that results from your clinical related injury as these are covered elsewhere in the student policy Clinical trial (routine patient Covered according to the type of Covered according to the type of costs) benefit and the place where the benefit and the place where the service is received. service is received. The following are not covered under this benefit: Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs) Services and supplies provided by the trial sponsor without charge to you The experimental intervention itself (except medically necessary Category B investigational devices and promising experimental and investigational interventions for terminal illnesses in certain clinical trials in accordance with Aetna's claim policies) Dermatological treatment Covered according to the type of Covered according to the type of benefit and the place where the benefit and the place where the service is received. service is received. The following are not covered under this benefit: Cosmetic treatment and procedures Covered according to the type of Covered according to the type of Obesity bariatric Surgery and services benefit and the place where the benefit and the place where the service is received. service is received. Obesity surgery-travel and lodging Maximum benefit payable for travel \$130 \$130 expenses for each round trip – three round trips covered (one presurgical visit, the surgery and one follow-up visit) Maximum benefit payable for travel \$130 \$130 expenses per companion for each round trip - two round trips covered (the surgery and one follow-up visit) Maximum benefit payable for \$100 per day up to two days \$100 per day up to two days lodging expenses per patient and companion for the pre-surgical and follow-up visits Maximum benefit payable for \$100 per day up to four days \$100 per day up to four days lodging expenses per companion for surgery stay

The following are not covered under this benefit:

Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat

obesity, including morbid obesity except as described above and in the *Eligible health services and exclusions* – *Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:

- Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
- Hypnosis or other forms of therapy
- Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

Eligible health services	In-network coverage	Out-of-network coverage
Maternity care that is not considered preventive care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
The following are not covered under		
 Any services and supplies rela perform deliveries 	ted to births that take place in the home	or in any other place not licensed to
Well newborn nursery care in a hospital or birthing center	80% (of the negotiated charge)	50% (of the recognized charge)
Gender affirming treatment		
Surgical, hormone replacement therapy, and counseling treatment	Covered according to the Behavioral health section	Covered according to the Behavioral health section
Mental Health Disorders & Substance		
Coverage provided under the same te	I .	
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	80% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Outpatient office visits (includes telemedicine consultations)	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$30 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
Other outpatient treatment (includes skilled behavioral health services in the home)	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage (Includes providers who are otherwise part of Aetna's network but are non- IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

Transplant services-travel and lodging	Covered	Covered
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per IOE patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion	\$50 per night	\$50 per night

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage
Treatment of infertility		
Basic infertility services Inpatient and outpatient care - basic infertility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Fertility preservation services		
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

The following are not covered under the infertility treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
 - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
 - Thawing of cryopreserved (frozen) eggs, sperm, or reproductive tissue
 - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
 - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
 - Obtaining sperm from a person not covered under this plan for ART services
- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Eligible health services	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
 The following are not covered under Enteral nutrition Blood transfusions and blood 		
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		
Acupuncture therapy	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	\$30 copayment then the plan pays 100% (of the balance of the recognized charge) per visit
The following are not covered under • Acupressure	this benefit:	
Chiropractic services	80% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Other services and supplies		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical equipment	80% (of the negotiated charge) per item	50% (of the recognized charge) per item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Eligible health services	In-network coverage	Out-of-network coverage
Nutritional support	Covered according to the type of	Covered according to the type of
	benefit or the place where the service	benefit or the place where the service
	is received.	is received.

The following are not covered under this benefit:

• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition

Prosthetic devices including contact	80% (of the negotiated charge) per	50% (of the recognized charge) per
lenses for aniridia & Orthotics	item	item

The following are not covered under this benefit:

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss or misuse
- Communication aids

Hearing Aid Exams		
Hearing exam	80% (of the negotiated charge) per	50% (of the recognized charge) per
	visit	visit
Hearing aid exam maximum	One hearing exam every policy year	

The following are not covered under this benefit:

 Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

Hearing Aids	80% (of the negotiated charge) per item	50% (of the recognized charge) per item
Hearing aids maximum per ear	One hearing aid per ear every	24 month consecutive period

The following are not covered under this benefit:

- A replacement of:
 - A hearing aid that is lost, stolen or broken
 - A hearing aid installed within the prior 60 month period
- · Replacement parts or repairs for a hearing aid
- Batteries or cords
- Cochlear implants
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss

 Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist 				
Eligible health services	In-network coverage	Out-of-network coverage		
Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)				
Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit		
evaluations) Low vision Maximum Fitting of contact Maximum	One comprehensive low vision evaluation every five years 1 visit			
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item	50% (of the recognized charge) per item		
Maximum number Per year: Eyeglass frames Prescription lenses Contact lenses (includes non- conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	One set of eyeglass frames One pair of prescription lenses Daily disposables: up to 1 year supply Extended wear disposable: up to 1 year supply Non-disposable lenses: 1 year supply			
Optical devices	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		
Maximum number of optical devices per policy year	One optical device			

*Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

The following are not covered under this benefit:

• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

Adult vision care Limited to covered persons age 19 and over				
Adult routine vision exams	80% (of the negotiated charge) per	50% (of the recognized charge) per		
(including refraction) Performed by	visit	visit		
a legally qualified ophthalmologist				
or therapeutic optometrist, or any				
other providers acting within the				
scope of their license				
Includes fitting of prescription				
contact lenses				
Maximum visits per policy year	1 visit			

The following are not covered under this benefit:

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes Adult vision care services and supplies
- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy

- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Outpatient prescription drugs

Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Eligible health services	In-network coverage	Out-of-network coverage		
Preferred Generic prescription drugs (including specialty drugs)				
For each fill up to a 30 day supply	\$10 copayment per supply then the	Copayment is 50% (of the recognized		
filled at a retail pharmacy	plan pays 100% (of the balance of the	charge) but will be no more than \$250		
	negotiated charge)	per supply then the plan pays 100% (of		
		the balance of the recognized charge)		
Preferred Brand-Name prescription drugs (including specialty drugs)				
For each fill up to a 30 day supply	\$45 copayment per supply then the	Copayment is 50% (of the recognized		
filled at a retail pharmacy	plan pays 100% (of the balance of the	charge) but will be no more than \$250		
	negotiated charge)	per supply then the plan pays 100% (of		
		the balance of the recognized charge)		
Non-Preferred Generic prescription drugs (including specialty drugs)				
For each fill up to a 30 day supply	\$75 copayment per supply then the	Copayment is 50% (of the recognized		
filled at a retail pharmacy	plan pays 100% (of the balance of the	charge) but will be no more than \$250		
	negotiated charge)	per supply then the plan pays 100% (of		
		the balance of the recognized charge)		
Non-Preferred Brand-Name prescription drugs (including specialty drugs)				
For each fill up to a 30 day supply	\$75 copayment per supply then the	Copayment is 50% (of the recognized		
filled at a retail pharmacy	plan pays 100% (of the balance of the	charge) but will be no more than \$250		
	negotiated charge)	per supply then the plan pays 100% (of		
		the balance of the recognized charge)		

Eligible health services	In-network coverage	Out-of-network coverage	
Orally administered anti-cancer prescription drugs- For each fill up to a 30 day supply filled at a retail pharmacy	100% (of the negotiated charge)	100% (of the recognized charge)	
Preventive care drugs and supplements filled at a retail pharmacy	100% (of the negotiated charge per prescription or refill No copayment or policy year	Paid according to the type of drug per the schedule of benefits, above	
For each 30 day supply	deductible applies		
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill	Paid according to the type of drug per the schedule of benefits, above	
	No copayment or policy year		
For each 30 day supply	deductible applies		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.		
Tobacco cessation prescription and over-the-counter drugs (Preventive care)-Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy	100% (of the negotiated charge per prescription or refill No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above	
For each 30 day supply			
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.		

Outpatient prescription drugs exclusions

The following are not covered under the outpatient prescription drugs benefit:

- Biological sera unless specified on the [preferred] drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
 - Which do not, by federal or state law, require a prescription order [i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above
 - Not approved by the FDA or not proven safe or effective
 - Provided under your medical plan while an inpatient of a healthcare facility
 - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
 - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
 - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)

- That are used to increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our [precertification] and clinical policies]
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility
 - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
 - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
 - Needles and syringes, except for those used for insulin administration.
 - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the [preferred] drug guide.
 - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

General Exclusions

Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the American Psychiatric Association:
 - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
 - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
 - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible
- Coverage that may be provided under the Eligible health services under your plan Gender reassignment (sex change) treatment section.

Court-ordered testing

Court-ordered testing or care unless medically necessary

Custodial care

Services and supplies meant to help you with activities of daily living or other personal needs. Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care [except in connection with hospice care], adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and substance use disorders treatment):
 - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
 - Services given mainly to:
 - Maintain, not improve, a level of function
 - o Provide a place free from conditions that could make your physical or mental state worse

Dental care for adults

- Dental services for adults including services related to:
 - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
 - Dental services related to the gums
 - Apicoectomy (dental root resection)
 - Orthodontics
 - Root canal treatment
 - Soft tissue impactions
 - Alveolectomy
 - Augmentation and vestibuloplasty treatment of periodontal disease
 - False teeth
 - Prosthetic restoration of dental implants
 - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

Educational services

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the
 Eligible health services and exclusions Diabetic services and supplies (including equipment and training)
 section. This includes:
 - Special education

- Remedial education
- Job training
- Job hardening programs
- Educational services, schooling or any such related or similar program

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental or investigational

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

Facility charges

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

Felony

Services and supplies that you receive as a result of an injury due to your commission of a felony

Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

 All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity section.

Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Splints
 - Neck braces
 - Compresses
 - Other devices not intended for reuse by another patient

Non-U.S. citizen

Services and supplies received by a covered person (who is not a United States citizen) within the covered
person's home country but only if the home country has a socialized medicine program, except as covered in
the Eligible health services under your plan – Emergency services and urgent care section

Other primary payer

Payment for a portion of the charge that Medicare or another party pays for as the primary payer

Outpatient prescription or non-prescription drugs and medicines

• Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

Personal care, comfort or convenience items

• Any service or supply primarily for your convenience and personal comfort or that of a third party

Private duty nursing

School health services

- Services and supplies normally provided without charge by the policyholder's:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
 - Implants, devices or preparations to correct or enhance erectile function or sensitivity
 - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

Strength and performance

- Services, devices and supplies that are not medically necessary, such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Students in mental health field

 Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
 - Telemedicine kiosks
 - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

The Mount Saint Mary's University Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Nondiscrimination Notice

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html

Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

አጣርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyede gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسی

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, dijri gi. Kpoo 1-877-480-4161 (TTY: 711).

한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-478-1 پر کال کرس.

Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

Yorùbá/Yoruba

Àkíyèsí: Bí o bá nso èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).