

Aetna Student Health Plan Design and Benefits Summary Open Choice PPO

IEC @ OCC ESL Students

Policy Year: 2022–2023 Policy Number: 686183 www.aetnastudenthealth.com (877) 480-4161



This is a brief description of the Student Health Plan. The plan is available for IEC @ OCC students. The plan is insured by Aetna Health and Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <u>www.aetnastudenthealth.com</u>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Student Health Services

The Student Health Center is the college's on-campus health facility. Staffed by Physicians, Registered Nurses and Licensed Therapists, please check the school website for hours of operation.

The Student Health Center is located on campus between Watson Hall and the gymnasium (facing Fairview Road in parking Lot A).

For more information, call the Student Health Center at (714) 432-5808. In the event of an emergency, call 911 or the Campus Police at (714) 432-5555.

Coverage Dates and Rates

Coverage for all insured students will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Session 5 NEW	Session 5 CONT	Session 6 NEW	Session 6 CONT	Session 1 NEW	Session 1 CONT	Session 2 NEW	Session 2 CONT	Session 3 NEW	Session 3 CONT	Session 4 NEW	Session 4 CONT
Start	8/18/22	8/14/22	10/10/22	10/17/22	1/9/23	1/10/23	2/23/23	2/27/23	4/20/23	4/24/23	6/22/23	6/26/23
Date												
End	10/16/22	10/16/22	1/9/23	1/9/23	2/26/23	2/26/23	4/23/23	4/23/23	6/25/23	6/25/23	8/27/23	8/27/23
Date												

IEC @ OCC INTENSIVE ENGLISH PROGRAM

Rates

IEC @ OCC INTENSIVE ENGLISH PROGRAM

	Session 5	Session 5	Session 6	Session 6	Session 1	Session 1	Session 2	Session 2	Session 3	Session 3	Session 4	Session 4
	NEW	CONT										
Student	\$311	\$331	\$470	\$435	\$256	\$251	\$311	\$291	\$346	\$326	\$346	\$326

The rates above reflect premiums for the student health insurance plan, as well as an Intensive English at Orange Coast College administrative fee.

Who is eligible?

Students: All International F1 and J1 visa status students or scholars enrolled on the main campus are required to purchase this insurance plan. A person who is an immigrant, permanent resident alien or U.S. Citizen is not eligible for coverage. Students must actively attend classes on campus for the first 45 consecutive days after the effective date, except for school-authorized breaks. Remote courses such as home study, correspondence, and online courses do not fulfill this requirement. A once per lifetime medical withdrawal exception may be granted to students on school approved medical leave during the first 45 days of coverage. If it is determined that eligibility requirements have not been met, our only obligation is to refund premium, less any claims paid.

Visiting Scholars, Short-Term Participants and OPT Students may enroll in the Plan on a voluntary basis. OPT students may purchase a maximum of 12 consecutive months of coverage from the OPT effective date. OPT extension coverage beyond 12 months is not allowed. Enrollment must be completed within 30 days of the expiration of prior coverage on the schools' student health insurance plan. A gap in coverage is not allowed. A copy of a valid EAD or OPT application or receipt (I-765 or I-797c) is required to enroll.

Enrollment

Eligible students may enroll in the insurance plan online at www.jcbins.com or by calling customer service at (714) 923-1325. Please refer to the Coverage Periods section of this document for coverage dates.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, and any covered dependents, upon written request received by Aetna within 90 days of withdrawal from school.

If you withdraw from school within the first 45 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 45 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

Termination and Refunds

Refunds

All refund requests must be sent to the University who will confirm nonstudent status with JCB, and submit the refund request on behalf of the student. Only refunds submitted by the University before the refund deadline will be considered. Credit card refunds must be requested and processed within 120 days of the date of purchase and before the refund deadline. No refunds will be considered after the refund deadline. All refunds will be processed back to the original form of payment only, no exceptions. All refunds will be assessed a \$35 processing fee. Please allow 30 business days for us to receive and process the refund request, then an additional 3-5 business days to receive the refund from your financial institution. Pro-rated/partial refunds are not allowed.

NOTE: You can check to see if your return has been processed by logging in to your JCB account.

In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, up to a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

Precertification Call

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to **www.aetnastudenthealth.com**.

	In-network coverage	Out-of-network coverage			
Policy year deductibles					
Student None		None			
Maximum out-of-pocket limits	Maximum out-of-pocket limits				
	In-network coverage	Out-of-network coverage			
Student	\$2,500 per policy year	\$2,500 per policy year			

Eligible health services In-network coverage **Out-of-network coverage Routine physical exams** Performed at a physician's office 100% (of the negotiated charge) per 80% (of the recognized charge) per visit visit No copayment or policy year deductible applies Maximum age and visit limits per Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health policy year through age 21 Resources and Services Administration guidelines for children and adolescents. Covered persons age 22 and over: 1 visit Maximum visits per policy year **Preventive care immunizations** Performed in a facility or at a 100% (of the negotiated charge) per 80% (of the recognized charge) per physician's office visit visit No copayment or policy year deductible applies Maximums Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for **Disease Control and Prevention** Routine gynecological exams (including Pap smears and cytology tests) Performed at a physician's, 100% (of the negotiated charge) per 80% (of the recognized charge) per obstetrician (OB), gynecologist visit visit (GYN) or OB/GYN office No copayment or policy year deductible applies Maximum visits per policy year 1 visit

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

Eligible health services	In-network coverage	Out-of-network coverage
Preventive screening and counselin	g services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Stress management counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Chronic condition counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Routine cancer screenings	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Maximum:	 Subject to any age; family history; and fr most current: Evidence-based items that have in eff recommendations of the United State The comprehensive guidelines suppo Services Administration. 	fect a rating of A or B in the current es Preventive Services Task Force; and
Lung cancer screening maximums	1 screening eve	ery 12 months*
Prenatal and postpartum care services -Preventive care services only (includes participation in the California Prenatal Screening Program)	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Lactation support and counseling services	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Breast pump supplies and	100% (of the negotiated charge) per	80% (of the recognized charge) per
accessories	item	item
	No copayment or policy year	
	deductible applies	
Family planning services – female	contraceptives	
Female contraceptive counseling	100% (of the negotiated charge) per	80% (of the recognized charge) per
services	visit	visit
office visit		
	No copayment or policy year	
	deductible applies	
Female contraceptive prescription	100% (of the negotiated charge) per	80% (of the recognized charge) per
drugs and devices provided,	item	item
administered, or removed, by a		
provider during an office visit	No copayment or policy year	
	deductible applies	
For each 30 day supply or 12		
month supply		
Female Voluntary sterilization-	100% (of the negotiated charge)	80% (of the recognized charge)
Inpatient & Outpatient provider		
services	No copayment or policy year	
	deductible applies	
The following are not covered und	er this benefit:	

• Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA

Physicians and other health professionals						
Physician, specialist including	\$20 copayment then the plan pays	80% (of the recognized charge) per				
Consultants Office visits (non-	100% (of the balance of the negotiated	visit				
surgical/non-preventive care by a	charge) per visit					
physician and specialist) (includes						
telemedicine consultations)						
Allergy testing and treatment						
Allergy testing & Allergy injections treatment including Allergy sera and extracts administered via injection performed at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.				
Physician and specialist surgical ser	vices					
Inpatient surgery performed during your stay in a hospital or	100% (of the negotiated charge)	80% (of the recognized charge)				
birthing center by a surgeon						
(includes anesthetist and surgical						
assistant expenses)						

- The services of any other physician who helps the operating physician ٠
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions – Hospital and* other facility care section)
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	n for the administration of a local anesthet	
Eligible health services	In-network coverage	Out-of-network coverage
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
surgeon (includes anesthetist and		
surgical assistant expenses)		
The following are not covered under	r this benefit:	1
-	ysician who helps the operating physician	
other facility care section)A separate facility charge for	stays are covered in the <i>Eligible health set</i> surgery performed in a physician's office for the administration of a local anesthet	
Alternatives to physician office visits		
Walk-in clinic visits	\$20 copayment then the plan pays	80% (of the recognized charge) per
(non-emergency visit)	100% (of the balance of the negotiated charge) per visit	visit
Hospital and other facility care		-
Inpatient hospital (room and board) and other miscellaneous services and supplies)	\$100 copayment then the plan pays 100% (of the balance of the negotiated charge) per admission	80% (of the recognized charge) per admission
Includes birthing center facility charges		
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
In-hospital non-surgical physician services	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
Alternatives to hospital stays		\$
Outpatient surgery (facility charges) performed in the outpatient department of a	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit

- A stay in a hospital (See the *Hospital care facility charges* benefit in this section) •
- A separate facility charge for surgery performed in a physician's office •
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage
Home health Care	100% (of the negotiated charge) per	80% (of the recognized charge) per
	visit	visit
Maximum visits per policy year	1	00
Γhe following are not covered unde	er this benefit:	
 Nursing and home health ai 	de services or therapeutic support service	es provided outside of the home (such
as in conjunction with schoo	ol, vacation, work or recreational activitie	es)
Transportation		
 Services or supplies provide present 	d to a minor or dependent adult when a	family member or caregiver is not
Homemaker or housekeepe	r services	
• Food or home delivered ser	vices	
Maintenance therapy		
Hospice-Inpatient	100% (of the negotiated charge) per	80% (of the recognized charge) per
	admission	admission
Hospice-Outpatient	100% (of the negotiated charge) per	80% (of the recognized charge) per
	visit	visit
The following are not covered unde	er this benefit:	
Funeral arrangements		
	, which includes estate planning and the	-
	rvices that are services which are not sol	
· ·	vices for either you or other family memb	pers
- Transportation		
- Maintenance of the hou		
Skilled nursing facility-	100% (of the negotiated charge) per	80% (of the recognized charge) per
Inpatient	admission	admission
Maximum days of confinement per	1	00
policy year		
Hospital emergency room	\$100 copayment then the plan pays	Paid the same as in-network
	100% (of the balance of the	coverage
	negotiated charge) per visit	
Non-emergency care in a hospital emergency room	Not covered	Not covered

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital

emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.

• Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

The following are not covered under this benefit:

• Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

or comparable emergency		k
Eligible health services	In-network coverage	Out-of-network coverage
Urgent care	\$20 copayment then the plan pays	80% (of the recognized charge) per
	100% (of the balance of the negotiated	visit
	charge) per visit	
Non-urgent use of an urgent care	Not covered	Not covered
provider		
The following is not covered under	this benefit:	<u>.</u>
• Non-urgent care in an urge	nt care facility (at a non-hospital freestandi	ng facility)
Pediatric dental care (Limited to co	overed persons through the end of the mo	nth in which the person turns age 19.
Type A services	100% (of the negotiated charge) per	100% (of the recognized charge) per
	visit	visit
	No copayment or deductible applies	
Type B services	100% (of the negotiated charge) per	50% (of the recognized charge) per
	visit	visit
	No copayment or deductible applies	
Type C services	100% (of the negotiated charge) per	50% (of the recognized charge) per
	visit	visit
	No copayment or deductible applies	
Orthodontic services	100% (of the negotiated charge) per	50% (of the recognized charge) per
	visit	visit
	No copayment or deductible applies	
Dental emergency services	Covered according to the type of	Covered according to the type of
	benefit and the place where the service	benefit and the place where the
	is received	service is received.

Pediatric dental care exclusions

- Asynchronous dental treatment
- **Cosmetic** services and supplies including plastic surgery, reconstructive surgery, **cosmetic surgery**, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered **cosmetic**.
- Crown, inlays, onlays, and veneers unless:
 - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
 - The tooth is an abutment to a covered partial denture or fixed bridge

- Dental implants (that are determined not to be **medically necessary** mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - For splinting
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any **jaw joint disorder** and treatments to alter bite or the alignment or operation of the jaw, including **temporomandibular joint dysfunction** disorder (TMJ) and **craniomandibular joint dysfunction** disorder (CMJ) treatment, orthognathic **surgery**, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another **eligible health service**
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary
- Treatment by other than a **dental provider**

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Podiatric (foot care) treatment Physician and specialist non- routine foot care treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	100% (of the negotiated charge)	100% (of the recognized charge)
Accidental injury to sound natural	100% (of the negotiated charge)	100% (of the recognized charge)
teeth		

The following are not covered ur		
_	or replacement of teeth and treatment of dis	eases of the teeth
 Dental services related to 	-	
 Apicoectomy (dental root 	resection)	
 Orthodontics 		
 Root canal treatment 		
 Soft tissue impactions 		
 Bony impacted teeth 		
Alveolectomy		
 Augmentation and vestib 	uloplasty treatment of periodontal disease	
False teeth		
Prosthetic restoration of	dental implants	
Dental implants		
ligible health services	In-network coverage	Out-of-network coverage
emporomandibular joint	Covered according to the type of	Covered according to the type of
ysfunction (TMJ) and	benefit and the place where the service	benefit and the place where the
raniomandibular joint	is received.	service is received.
ysfunction (CMJ) treatment		
he following are not covered ur	der this benefit:	
Dental implants		
lood and body fluid	Covered according to the type of	Covered according to the type of
-		
•	benefit and the place where the service	benefit and the place where the
xposure	benefit and the place where the service is received. der this benefit:	benefit and the place where the service is received.
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Eligible health services	In-network coverage	Out-of-network coverage
Obesity surgery-travel and lodging		
Maximum benefit payable for	\$130	\$130
travel expenses for each round		
trip – three round trips covered		
(one pre-surgical visit, the surgery		
and one follow-up visit)		
Maximum benefit payable for	\$130	\$130
travel expenses per companion for		
each round trip – two round trips		
covered (the surgery and one		
follow-up visit)		
Maximum benefit payable for	\$100 per day up to two days	\$100 per day up to two days
lodging expenses per patient and		
companion for the pre-surgical		
and follow-up visits		
Maximum benefit payable for	\$100 per day up to four days	\$100 per day up to four days
lodging expenses per companion		
for surgery stay		
The following are not covered unde	r this honofit:	
weight management interve of these are: - Drugs, stimulants, prepa supplements, appetite s - Hypnosis or other forms - Exercise programs, exer- other forms of activity o Maternity care that is not considered preventive care (includes delivery and postpartum care services in a hospital or birthing center)	cise equipment, membership to health or r activity enhancement Covered according to the type of benefit and the place where the service is received.	of other medical conditions. Examples y regimens and supplements, food fitness clubs, recreational therapy or Covered according to the type of
The following are not covered under	r this benefit:	
 Any services and supplies re perform deliveries 	lated to births that take place in the home	or in any other place not licensed to
Well newborn nursery	100% (of the negotiated charge)	80% (of the recognized charge)
care in a hospital or		
birthing center		
Family planning services – other		
Voluntary sterilization	100% (of the negotiated charge)	80% (of the recognized charge)
for males-surgical services		
Abortion	100% (of the negotiated charge)	80% (of the recognized charge)
The following are not covered unde		
-	cerilization procedures, including related for	bllow-up care

therapy, and counseling treatmenthealth sectionMental Health & Substance AbuseTreatmentCoverage provided under the sameterms, conditionInpatient hospital\$100 Copayme(room and board and other100% (of the bmiscellaneous hospitalcharge) per adservices and supplies)\$20 copaymenOutpatient office visits\$20 copaymen(includes telemedicine100% (of the bconsultations)charge) per visOther outpatient treatment100% (of the n(includes skilled behavioral health services in the home)visitEligible health servicesIn-network corInpatient and outpatientCovered accor	as as any other illness . Ent then the plan pays 80% (of the recognized charge) per alance of the negotiated admission
therapy, and counseling treatmenthealth sectionMental Health & Substance AbusereatmentCoverage provided under the same terms, conditionInpatient hospital\$100 Copayme(room and board and other100% (of the bmiscellaneous hospitalcharge) per adservices and supplies)\$20 copaymenOutpatient office visits\$20 copaymen(includes telemedicine100% (of the bconsultations)charge) per visOther outpatient treatment100% (of the n(includes skilled behavioral health services in the home)visitEligible health servicesIn-network corInpatient and outpatientCovered accor	health section health section as as any other illness . Each then the plan pays balance of the negotiated admission
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Coverage provided under the same terms, conditionInpatient hospital\$100 Copayme(room and board and other100% (of the bmiscellaneous hospitalcharge) per adservices and supplies)0Outpatient office visits\$20 copaymen(includes telemedicine100% (of the bconsultations)charge) per visitOther outpatient treatment100% (of the n(includes skilled behavioral health services in the home)visitEligible health servicesIn-network corTransplant servicesCovered accor	ent then the plan pays 80% (of the recognized charge) per alance of the negotiated admission
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)\$100 Copayme 100% (of the b charge) per ad \$20 copaymen 100% (of the b consultations)Outpatient office visits (includes telemedicine consultations)\$20 copaymen 100% (of the b charge) per vis Charge) per vis 100% (of the n visitOther outpatient treatment (includes skilled behavioral health services in the home)100% (of the n visitEligible health servicesIn-network com 	ent then the plan pays 80% (of the recognized charge) per alance of the negotiated admission
(room and board and other miscellaneous hospital services and supplies)100% (of the b charge) per ad 	alance of the negotiated admission
miscellaneous hospital services and supplies)charge) per ad services and supplies)Outpatient office visits (includes telemedicine consultations)\$20 copaymen 100% (of the b charge) per vis charge) per vis 00% (of the n visitOther outpatient treatment (includes skilled behavioral health services in the home)100% (of the n visitEligible health servicesIn-network comparisonTransplant servicesCovered accor	-
services and supplies)Services and supplies)Outpatient office visits\$20 copayment(includes telemedicine100% (of the bconsultations)charge) per visionOther outpatient treatment100% (of the n(includes skilled behavioral healthvisitservices in the home)In-network conEligible health servicesIn-network conTransplant servicesCovered accor	mission
Outpatient office visits\$20 copaymen(includes telemedicine consultations)100% (of the b charge) per visOther outpatient treatment (includes skilled behavioral health services in the home)100% (of the n visitEligible health servicesIn-network coTransplant servicesCovered accor	
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(includes skilled behavioral health services in the home) Eligible health services Transplant services Inpatient and outpatient Covered accor	
services in the home) Eligible health services In-network co Transplant services Inpatient and outpatient Covered accor	egotiated charge) per 80% (of the recognized charge) per
Eligible health services In-network control Transplant services Inpatient and outpatient Covered accor	visit
Transplant services Inpatient and outpatient Covered accor	
Inpatient and outpatient Covered accor	verage (IOE facility)* Out-of-network coverage
Inpatient and outpatient Covered accor	(Includes providers who are
Inpatient and outpatient Covered accor	otherwise part of Aetna's network
Inpatient and outpatient Covered accor	but are non-IOE providers)
trancolant facility convicos	ding to the type of Covered according to the type of
	e place where the service benefit and the place where the
is received.	service is received.
	ding to the type of Covered according to the type of
	e place where the service benefit and the place where the
services is received.	service is received.
Transplant services-travel and Covered	Covered
lodging	
Lifetime Maximum payable for \$10,000	\$10,000
Travel and Lodging Expenses for	
any one transplant, including	
tandem transplants	
Maximum payable for Lodging \$50 per night	\$50 per night
Expenses per IOE patient	
Maximum payable for Lodging \$50 per night	\$50 per night
Expenses per companion	
The following are not covered under this benefit:	
	I
 Harvesting and storage of organs, without ir existing illness 	when the recipient is not a covered person
-	vhen the recipient is not a covered person ntending to use them for immediate transplantation for your
to use them for transplantation within 12 m	

Treatment of infertility		
Basic infertility services Inpatient	Covered according to the type of	Covered according to the type of
and outpatient care - basic	benefit and the place where the service	benefit and the place where the
infertility	is received.	service is received.

Eligible health services	In-network coverage	Out-of-network coverage
Fertility preservation services		
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

The following are not covered services under the infertility treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
 - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
 - Thawing of cryopreserved (frozen) eggs, embryos or sperm
 - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
 - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
 - Obtaining sperm from a person not covered under this plan for ART services
 - Home ovulation prediction kits or home pregnancy tests
 - The purchase of donor embryos, donor oocytes, or donor sperm
 - Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Specific therapies and tests 100% (of the negotiated charge) per Diagnostic complex imaging 80% (of the recognized charge) per services performed in the visit visit outpatient department of a hospital or other facility Diagnostic lab work and 100% (of the negotiated charge) per 80% (of the recognized charge) per radiological services performed in visit visit a physician's office, the outpatient department of a hospital or other facility Outpatient Chemotherapy, 100% (of the negotiated charge) per 80% (of the recognized charge) per Radiation & Respiratory Therapy visit visit Outpatient infusion therapy Covered according to the type of Covered according to the type of performed in a covered person's benefit and the place where the service benefit and the place where the home, physician's office, is received. service is received. outpatient department of a hospital or other facility

- Enteral nutrition
- Blood transfusions and blood products

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		
Acupuncture therapy	\$20 Copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
The following are not covered unde • Acupressure	r this benefit:	
Chiropractic services	\$20 Copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Maximum visits per policy year	30	
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Other services and supplies	•	•
Emergency ground, air, and water ambulance (includes non- emergency ambulance)	100% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical equipment	100% (of the negotiated charge) per item	80% (of the recognized charge) per item
 The following are not covered under Whirlpools Portable whirlpool pumps Sauna baths Massage devices Over bed tables Elevators Communication aids Vision aids Telephone alert systems Personal hygiene and convered under Nutritional support 	nience items such as air conditioners, hum	idifiers, hot tubs, or physical exercise Covered according to the type of
	benefit or the place where the service is received.	benefit or the place where the service is received.
· · · ·	er this benefit: ant formulas, nutritional supplements, vita tritional items, even if it is the sole source	

Eligible health services	In-network coverage	Out-of-network coverage
Prosthetic devices including	100% (of the negotiated charge) per	80% (of the recognized charge) per
contact lenses for aniridia &	item	item
Orthotics		
The following are not covered unde	er this benefit:	
 Services covered under any 		
	tic shoes, foot orthotics, or other devices t	
•	ent complications of diabetes, or if the orth	opedic shoe is an integral part of a
covered leg brace		
• Trusses, corsets, and other		
Repair and replacement due	e to loss or misuse	
Communication aids		
Hearing Aid Exams		
Hearing exam	\$20 copayment then the plan pays	80% (of the recognized charge) per
	100% (of the balance of the negotiated	visit
	charge) per visit	
Hearing aid exam maximum	One hearing exam every policy year	
The following are not covered unde		
Hearing exams given during the overall hospital stay	a stay in a hospital or other facility, except	those provided to newborns as part of
Hearing Aids	100% (of the negotiated charge) per	80% (of the recognized charge) per
Hearing aids maximum per ear	item One hearing aid per ear every 2	item
The following are not covered unde	r this benefit:	
• A replacement of:		
 A hearing aid that is lost 	, stolen or broken	
 A hearing aid installed v 	vithin the prior 24 month period	
 Replacement parts or repair 	s for a hearing aid	
Replacement parts of Tepan	s for a field fing alu	
Batteries or cords	s for a nearing aid	
	s for a nearing aid	
Batteries or cordsCochlear implants	meet the specifications prescribed for corr	ection of hearing loss
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe 	meet the specifications prescribed for corr formed by a physician who is not certified	as an otolaryngologist or otologist
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to coverage)	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon	as an otolaryngologist or otologist th in which the person turns age 19)
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon	as an otolaryngologist or otologist th in which the person turns age 19)
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) Low vision Maximum 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit One comprehensive low vision	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) Low vision Maximum Fitting of contact Maximum 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit One comprehensive low vision 1 visi	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit n evaluation every five years sit
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) Low vision Maximum Fitting of contact Maximum Pediatric vision care services & 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit One comprehensive low vision 1 vis 100% (of the negotiated charge) per	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit n evaluation every five years sit 60% (of the recognized charge) per
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) Low vision Maximum Fitting of contact Maximum Pediatric vision care services & supplies-Eyeglass frames, 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit One comprehensive low vision 1 visi	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit n evaluation every five years sit
 Batteries or cords Cochlear implants A hearing aid that does not Any ear or hearing exam pe Pediatric vision care (Limited to cov Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations) Low vision Maximum Fitting of contact Maximum Pediatric vision care services & 	meet the specifications prescribed for corr formed by a physician who is not certified rered persons through the end of the mon 100% (of the negotiated charge) per visit One comprehensive low vision 1 vis 100% (of the negotiated charge) per	as an otolaryngologist or otologist th in which the person turns age 19) 60% (of the recognized charge) per visit n evaluation every five years sit 60% (of the recognized charge) per

Eligible health services	In-network coverage	Out-of-network coverage
Maximum number Per year:		5
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 years	supply
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply	,
after cataract surgery)	, , , , , , , , , , , , , , , , , , , ,	
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
Maximum number of optical	One optical device	
devices per policy year		
*Important note: Refer to the Visior	n care section in the certificate of coverage	e for the explanation of these vision
care supplies. As to coverage for pre	scription lenses in a policy year, this benef	fit will cover either prescription lenses
for eyeglass frames or prescription c	ontact lenses, but not both.	
The following are not covered under	this benefit:	
Eyeglass frames, non-prescr	iption lenses and non-prescription contac	t lenses that are for cosmetic purposes
Adult vision care Limited to covered	persons age 19 and over	
Adult routine vision exams	\$20 copayment then the plan pays	80% (of the recognized charge) per
(including refraction) Performed	100% (of the balance of the negotiated	visit
by a legally qualified	charge) per visit	
ophthalmologist or therapeutic		
optometrist, or any other		
providers acting within the scope		
of their license		
Maximum visits per policy year	1 vi	sit
The following are not covered unde	r this benefit:	
Adult vision care		he fitting of pressuintion contest
	plogist, optometrist or optician related to t	the fitting of prescription contact
lenses	iption lenses and non-prescription contact	longer that are for cormetic numeros
• Eyegiass frames, non-prescr	iption lenses and non-prescription contact	tenses that are for cosmetic purposes
Adult vision care services and su	nnlies	
 Special supplies such as non 		
	uch as orthoptics or vision therapy	
	in a hospital or other facility for health car	e
 Eye exams during your stay Eye exams for contact lenses 		-
	pare eyeglasses or lenses or frames	
	ames that are lost or stolen or broken	
Acuity tests		
	on of vision, including radial keratotomy, L	ASIK and similar procedures
 Eye surgery for the correction Services to treat errors of re 		Asix and similar procedures
 Services to treat errors of re 		

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		

Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC) contraceptive prescription drugs and devices. Related services and supplies needed to administer covered devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
Preferred Generic prescription drugs		· · · · · · · · · · · · · · · · · · ·
For each fill up to a 30 day supply	\$20 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the negotiated charge)	will be no more than \$250 per supply
Preferred Brand-Name prescription	drugs (including specialty drugs)	
For each fill up to a 30 day supply	\$50 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the negotiated charge)	will be no more than \$250 per supply
Non-Preferred Generic prescription	drugs (including specialty drugs)	
For each fill up to a 30 day supply	\$75 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the	will be no more than \$250 per supply
	negotiated charge)	
Non-Preferred Brand-Name prescrip	tion drugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$75 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	80% (of the recognized charge) but will be no more than \$250 per supply
Contraceptives (birth control)		
For each fill up to a 12 month supply of generic and OTC drugs	100% (of the [negotiated charge)	100% (of the [recognized charge)
and devices filled at a retail	No policy year deductible applies	No [policy year] deductible applies

Eligible health services	In-network coverage	Out-of-network coverage
For each fill up to a 12 month	Paid according to the type of drug	Paid according to the type of drug
supply of brand name prescription drugs and devices filled at a retail	per the schedule of benefits, above	per the schedule of benefits, above
Orally administered anti-cancer prescription drugs- For each fill up to a 30 day supply filled at a retail	100% (of the negotiated charge per prescription or refill	100% (of the recognized charge)
pharmacy	No copayment or policy year deductible applies	
Preventive care drugs and supplements filled at a retail pharmacy	100% (of the negotiated charge per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
For each 30 day supply	No copayment or policy year deductible applies	
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
For each 30 day supply	No copayment or policy year deductible applies	
Maximums:	and frequency guidelines in the rec	age, medical condition, family history commendations of the United States <i>r</i> ices Task Force.
Tobacco cessation prescription and over-the-counter drugs (Preventive care)-Tobacco	100% (of the negotiated charge per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
cessation prescription drugs and OTC drugs filled at a pharmacy	No copayment or policy year deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age and frequency guidelines in the recom- Preventive Services Task Force.	

The following are not covered under the outpatient prescription drugs benefit:

- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
 - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs, even if a prescription is written except as specifically provided above
 - Not approved by the FDA or not proven safe or effective
 - Provided under your medical plan while an inpatient of a healthcare facility
 - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been

reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception

- That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our [precertification] and clinical policies]
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility
 - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
 - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
 - Needles and syringes, except for those used for insulin administration.
 - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the [preferred] drug guide.
 - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

General Exclusions

Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
 - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
 - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
 - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

Clinical trial therapies (experimental or investigational)

• Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the *Eligible health services and exclusions- Clinical trial therapies (experimental or investigational)* section in the certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

• Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section.

Court-ordered services and supplies

• Court-ordered testing or care unless medically necessary

Custodial care

Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

Dental care for adults

- Dental services for adults including services related to:
 - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
 - Dental services related to the gums
 - Apicoectomy (dental root resection)
 - Orthodontics
 - Root canal treatment
 - Soft tissue impactions
 - Alveolectomy
 - Augmentation and vestibuloplasty treatment of periodontal disease
 - False teeth
 - Prosthetic restoration of dental implants
 - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

Educational services

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services and exclusions Diabetic services and supplies (including equipment and training)* section. This includes:
 - Special education
 - Remedial education
 - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution). This exclusion does not include therapy by a licensed provider for behavioral health services if provided on an outpatient basis as part of a wilderness treatment program.
 - Job training
 - Job hardening programs
- Educational services, schooling or any such related or similar program

Elective treatment or elective surgery

• Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental or investigational

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

Facility charges

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

Felony

• Services and supplies that you receive as a result of an injury due to your commission of a felony

Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity* section.

Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Splints
 - Neck braces
 - Compresses
 - Other devices not intended for reuse by another patient

Non-medically necessary services and supplies

• Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions. This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or approved by your physician, dental provider, or vision care provider. This exception does not apply to *Preventive care and wellness* benefits.

Non-U.S. citizen

• Services and supplies received by a **covered person** (who is not a United States citizen) within the **covered person's** home country but only if the home country has a socialized medicine program, except as covered in the *Eligible health services under your plan – Emergency services and urgent care section*

Other primary payer

• Payment for a portion of the charge that **Medicare** or another party pays for as the primary payer

Outpatient prescription or non-prescription drugs and medicines

• Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

Personal care, comfort or convenience items

• Any service or supply primarily for your convenience and personal comfort or that of a third party

Private duty nursing

School health services

- Services and supplies normally provided without charge by the **policyholder's**:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the **policyholder**.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
 - Implants, devices or preparations to correct or enhance erectile function or sensitivity
 - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

Sinus surgery

• Any services or supplies given by **providers** for non-**medically necessary** sinus surgery except for acute purulent sinusitis

Strength and performance

- Services, devices and supplies that are not **medically necessary**, such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Students in mental health field

• Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
 - Telemedicine kiosks
 - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

Treatment in a federal, state, or governmental entity

• Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

Wilderness treatment programs

See Educational services within this section

The Coastline College Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <u>http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</u>.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Nondiscrimination Notice

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: <u>CRCoordinator@aetna.com</u>

Please visit <u>https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california</u> for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: <u>https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html</u>

Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

አማርኛ**/Amharic**

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (መስማት ለተሳናቸው: **711**).

Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1877-480-4161 (رقم الهاتف النصى: 711).

Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyἑdἑ gbo: Ͻ jǔ kἑ m̀ dyi Ɓàsɔ̇̀ɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسی

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો **1-877-480-4161** (TTY: **711**).

Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-480-4161** (TTY: **711**).

Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo **1-877-480-4161** (TTY: **711**).

한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) TTY-480-4161 پر کال کریں.

Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún ọ. Pe **1-877-480-4161** (TTY: **711**).