

4 Four simple steps to start using your Anthem Student Advantage Plan



As a student, you may have a lot of responsibility and a busy schedule with classes, projects, and school activities, so we want to make it easy for you use your Student Health plan in a way that is convenient for you.

1 Download the Sydney Health app.

You can find a single, convenient place for all of the information you need about your health and your plan.

- Search for Sydney Health in the App Store® or Google Play™.
- You can also create an account at [anthem.com/ca](https://www.anthem.com/ca).
- Register using your student ID, date of birth and your first and last name exactly as it was provided to your school.
- Select an option to receive a security code: text, voice mail, or email. If you provided your school with an international phone number, select the email option.
- Enter the code on the app or website and create a user ID to explore your plan.

2 View your digital Anthem ID card.

- Open **Sydney Health** or your [anthem.com/ca](https://www.anthem.com/ca) account online.
- Select **ID Cards**.
- View ID cards for your medical, dental, and/or vision, depending on your plan type. They show your name, effective date, and any copayments or coinsurance you need to pay when you receive care, plus phone numbers you can call if you need extra support.
- A paper copy of your ID card will be mailed to the address in your school file.

3 Find a provider.

- Once you've registered on the app or online, choose **Find Care**.
- Select **the type of provider**.
- Enter the search categories based on what you need.
- Choose **Search**. You can also filter your results with options such as distance, gender, and more.

4 Contact your chosen provider.

- Call ahead to make sure the provider is in your plan and that the services you need are covered. This can help you avoid paying more.
- If you're interested in telehealth options, ask if the provider offers these online services.
- Once you know they are in your plan, you can make an appointment.



Understanding your health care summary

After you receive care, we will send you a health care summary or explanation of benefits (EOB). This is not a bill; it is a synopsis of your recent care that includes:

- **Claims summary** — how much it costs for your care and how much of that you need to pay.
- **Claims details page** — a breakdown of the copay, deductible, and other amounts.
- **Year-to-date summary** — how much is left until you reach your deductible and out-of-pocket maximum.
- **Preventive care reminders** — a list of screenings, checkups, lab tests, or vaccines to be your healthy best.
- **Tips and tools** — how to save on costs and make the most of your plan.

We are here to help

If you would like to learn more about specific benefits, you can [click-to-call](#) or [chat](#) with a Student Support Specialist using your Sydney Health app or online at [anthem.com/ca](https://www.anthem.com/ca).